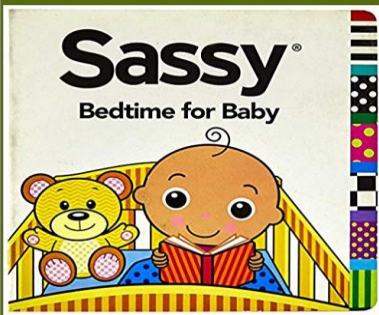


BOOK ACTIVITIES



FOR CHILDREN BORN IN 2019

- » Read the title on the cover of the book and point to each word.
- » Read the book to your baby and point to pictures in the story.



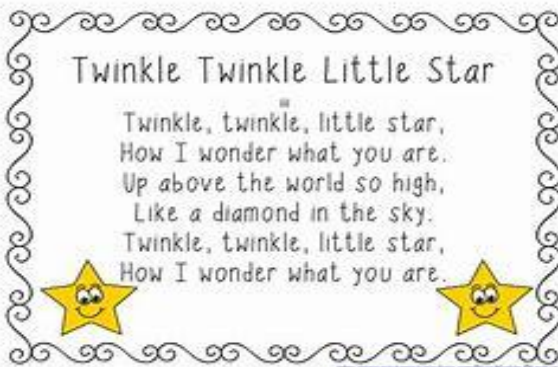
LET'S SNACK TOGETHER

Snack time: Parents can make or help child make "Healthy Bear" toast.

Foods needed: wheat bread, peanut butter, banana, and a small box of raisins.



LET'S SING TOGETHER



Twinkle, twinkle little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle little star,
How I wonder what you are.

Parents are encouraged to use calm tone of voice and hand motions while singing to their child.

LET'S CRAFT TOGETHER



Materials needed: small water bottles, water or baby oil, google eyes, beads, small stars, and hot glue to make sure tops are tightly closed.

Parents can shake bottles and allow infants to look at them. Depending on the child's age, some may be able to hold and shake the bottles independently.