



INFANTS

February 2021

MO

- Parents can take infant on a walk pass neighbors' homes identifying various sounds in the environment. (dog barking, horn beeping)

Feb 1

TU

- Footprint Groundhogs
- Parents will paint infant's foot using chocolate pudding, make print on white paper. Introduce infant to various sensory feelings.

Feb 2

WE

- Feely Box/Bag Fun
- Place various items in the bag and introduce infants to various textures by placing their hand in the feely box or bag. (Furry, smooth, squishy, hard, soft)

Feb 3

TH

- Infant Aerobics: Repeat several times, singing "Out and In", "Up and Down", "Side to Side" as you move the infant's legs and arms in those positions.

Feb 4

FR

- Read Aloud Nursery Rhymes
- [Read aloud nursery rhymes - Bing video](#)

Feb 5

MO

- "Neighbor Peek-A-Boo"
- Invite a neighbor/friend over to engage in playtime with your infant. Place hands over face then move away then say "Peek-A-Boo".

Feb 8

TU

- "Pat-a-Cake" A rhyming game that is paired with clapping and mimicking while parents recite the nursery rhymes. (enhance hand-eye coordination)

Feb 9

WE

- "Block Building"-Parents can use foam blocks to build with showing the infant how to build. This helps infants to increase logic skills and knocking-things-over skills.

Feb 10

TH

- Read Aloud Storytime
- "Leo Loves Baby Time"
- [Read aloud books for infants - Bing video](#)

Feb 11

FR

- Lap Games: parents can hold infant on your lap and play children's music and bounce infant up and down on you knee to the rhythm/beat of the music.

Feb 12

MO

- "Row Your Boat Activity"
- Place infant on their back on the floor, pull infant into a sitting position. Recite the rhyme, Row, Row, Row your Boat moving infant's arm in circular motion.

Feb 15

TU

- "This Little Piggy Toe Fun"
- Parent start by wiggling or lightly pinching each of their infant's toes as the recite the nursery rhyme, "This Little Piggie"

Feb 16

WE

- "Goodbyes/Hello"
- Parents can wave hands and say Hello, then wave hands with fingers folded and say Bye, Bye. Perform other actions for infant to mimic. (clapping, tapping on table)

Feb 17

TH

- Read Aloud Storytime "Ten Tiny Babies"
- [Read aloud books for infants - Bing video](#)

Feb 18

FR

- "Tissue Paper Kick"
- Parent will allow tissue paper to hang from edge of couch and place the baby on their back with sock off and let tissue touch infant's feet. See if baby will kick.

Feb 19

MO

- Shake, Rice and Roll
- Fill empty bottle with shaky items, glue or tape lid, Shake bottle to music and observe infant's reactions. Invite neighbor to join in the fun

Feb 22

TU

- "Follow with Your Eyes"
- Parents can invite a neighbor to join in holding various objects in front of infant so they can follow it with their eyes.

Feb 23

WE

- "All Fall Down"
- Stack cups and knock them down; then see if the infant can knock them down also.

Feb 24

TH

- "Infants are Made to Move"
- Walk, Jump, Skip, and Hop, Gallop, and say movement to infant as you do them.

Feb 25

FR

- Read Aloud Story Time
- "The New Baby"
- [Read aloud books for infants - Bing video](#)

Feb 26