



INFANTS

March 2021

Walk around the house or neighborhood with your infant. Point to and identify the different types of light that you see (streetlights, nightlights, stop lights, flashlights, and sunlight).

March 1

MO

Play "Bubble Light, Bubble Light"! Blow bubbles outside and identify the colors reflected by the sun through the bubbles.

March 2

TU

Go outside on a starry night or look out the window. Show your child the night sky. Point to and describe the stars to your child.

March 3

WE

Using push lights, nightlights, flashlights, light-up toys, or light switches, have your child turn the lights on/off. While using the words "on" and "off".

March 4

TH

Use story time to introduce words to your child. Use the link below to listen to "Goodnight Moon" with your child.

https://www.youtube.com/watch?v=IWIH_3RRfRI

March 5

FR

While in a room with your child, use a flashlight and use your hands to make various shadow figures on the wall. Use his/her hands to make wall shadows.

March 8

MO

Use colored "Christmas Lights" to plug in and let your child look at the different colors as you name the color of each light.

March 9

TU

Place various items in a bag. Introduce various textures by placing their hand in the box or bag. (Furry, smooth, squishy, hard, or soft)

March 10

WE

Enjoy story time with your child and use the link below to listen to "Twinkle, Twinkle Little Star".

<https://www.youtube.com/watch?v=GrRRU6gC7Mg>

March 11

TH

Lay your baby down on his/her back. Sing, "Out and in, up and down, side to side" as you move the infant's legs and arms in those positions.

March 12

FR

Use a blanket and a flashlight to play this game with your child. Hold the flashlight under the blanket, turn it on then off. Encourage your child to reach for the light when it's on.

March 15

MO

Recite the finger play, "The Itsy-Bitsy Spider" while doing the hand motions. Encourage and help your child to join in singing and moving their hands.

March 16

TU

Play a game of hide-n-seek! Hide stuffed animals under a blanket. Assist your child in looking for the animals with a flashlight.

March 17

WE

Use the link below to exercise with your child. The "Baby Shark" dance will get the body moving!

<https://youtu.be/XqZsoesa55w>

March 18

TH

Hold your child on your lap. Place red and green circles on the face of a flashlight. While holding up the lights, bounce your child on green and stop on red.

March 19

FR

Place your baby on their back, then point to their head, shoulder, knees, and toes while singing "Head, Shoulder, Knees, and Toes".

March 22

MO

Use various moveable objects around the house, or push/pull toys to interact with your child. Show them how to push and pull different items.

March 23

TU

Encourage your child to wave hello and bye-bye. Wave your hands and say Hello. Wave to them with fingers folded and say Bye-Bye.

March 24

WE

Snuggle with your child and enjoy a story together. Use the link below to listen to "Baby Bear, Baby Bear What Do You See?"

<https://www.youtube.com/watch?v=DPTb10tLEqk>

March 25

TH

Using a box and a flashlight, shine flashlight in different areas of the box. Talk about the position of the light, using positional words (in, on, under, up, and down).

March 26

FR

Create an obstacle course, using different toys. Put a flashlight at the end of the obstacle. Encourage your child to crawl or walk to make it to the flashlight.

March 29

MO

Use a flashlight in a dark room and shine the light across the room. Observe your baby to see if they follow the light.

March 30

TU

Storytime is a perfect opportunity for bonding. Use the link below to listen to "The New Baby" with your child.

<https://www.youtube.com/watch?v=anfDyqZdJj4>

March 31

WE

TH

FR