



PRE-SCHOOL

MAY 2021

Talk to your child about simple machines that you see around your house, such as: screw-top bottles, nuts and bolts, ramps, slides, tongs, brooms, and tweezers.

May 3 **MO**

Take a walk around your neighborhood with your child to look for and talk about different kinds/types of machines you see.

May 4 **TU**

Sink/Float Activity
Help your child fill a medium size clear tub or pan with water. Find and talk about objects that they think will sink or float. *(Items can be small plastic toy machines)*

May 5 **WE**

Read Aloud Storytime
"Pete The Cat- Construction Destruction"
<https://www.youtube.com/watch?v=yekiH93Qhz0>

May 6 **TH**

Trike/Bike Ride
Set up a simple obstacle course with things from around the house. Allow your child to use their bike/trike *(Small machine to move them from one place to the other)* around the obstacle course.

May 7 **FR**

Heavy/Light
Use a food scale or regular scale *(small machines)* to weigh items around the house. Talk and chart with your child about equal, same, heavier, and lighter items.

May 10 **MO**

Read Aloud Storytime
"The Busy Body Book"
<https://www.youtube.com/watch?v=xcVvNVT3TtM>

May 11 **TU**

Machine Mural Art
Allow and help your child cut pictures from magazines or books of different machines and glue on construction paper. Talk about the differences in the machines.

May 12 **WE**

Body Movement
Action Songs for Children- Move and Freeze
<https://www.youtube.com/watch?v=388Q44ReOWE>

May 13 **TH**

Kitchen Exploration
Allow your child to explore kitchen machines as you prepare a meal. Show your child: tongs, mixer, chopper, blender, toaster and other items. Talk about their purposes.

May 14 **FR**

Read Aloud Storytime
"Motion: Push and Pull Fast-Slow"
<https://www.youtube.com/watch?v=kjIKi6zkzvo>

May 17 **MO**

Get Up and Move Dice Game
Make a large dice set out of boxes, write different types of movements (jump like frog, hop, be a tree, etc.) on it, and roll them to move with your child.

May 18 **TU**

Indoor Number Hopscotch
Make a hopscotch form on floor or carpet using tape and put numbers 1-10 or letters of the alphabet in each square. Have your child jump and say each number or letter.

May 19 **WE**

While outside, make an obstacle course using sticks to walk across, bottles or cans to weave between and large boxes to crawl through. Encourage your child to explore and join them in the fun.

May 20 **TH**

Music Time
Six Simple Machine Rap
https://youtu.be/NCTCoqZ_3Q

May 21 **FR**

Talk to your child about how their body is a simple machine. Talk about all the parts, the ways it can move, and how it can go fast and slow. Do different moves together.

May 24 **MO**

Read Aloud Storytime
"Move Your Body"
<https://youtu.be/hKuLGVCbwgd>

May 25 **TU**

Provide your child with paper and child scissors, while you are with the child allow them to cut the paper. Tell them how scissors are small machines used for cutting.

May 26 **WE**

Go outside with your child for at least 30 minutes and do some simple exercises like walking, dancing or kicking a ball. Make 30 minutes of exercise part of their daily routine at home.

May 27 **TH**

Create a Phone
Poke a hole in the bottom of two cups, put ends of a string in each hole, and tie a knot. Using the cups, walk away from each other until string gets tight. One adult will talk into one end while the your child listens with their ear to the cup to hear what you say. This is like imitating a telephone line.

May 28 **FR**

Make reading a nightly bedtime routine. Allow your child to pick out their favorite book and read to them. If they are old enough, let your child do a picture walk telling you the story using the pictures they see. Help them as needed.

May 31 **MO**